ON THE TIME VARIABILITY OF THE STAR FORMATION EFFICIENCY

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Draft version September 30, 2010

ABSTRACT

A star formation efficiency per free fall time that evolves over the life time of giant molecular clouds (GMCs) may have important implications for models of supersonic turbulence in molecular clouds or for the relation between star formation rate and H_2 surface density. We discuss observational data that could be interpreted as evidence of such a time variability. In particular, we investigate a recent claim based on measurements of H_2 and stellar masses in individual GMCs. We show that this claim depends crucially on the assumption that H_2 masses do not evolve over the life times of GMCs. We exemplify our findings with a simple toy model that uses a constant star formation efficiency and, yet, is able to explain the observational data.

Subject headings: galaxies: evolution — stars: formation

1. INTRODUCTION

The life times of giant molecular clouds (GMCs) have been at the center of a major debate for at least the last 40 years (Goldreich & Kwan 1974; Zuckerman & Evans 1974; Solomon et al. 1979; Elmegreen 2000, 2007). GMCs that live for many free-fall times need a mechanism that prevents them from gravitational collapse. Over the last couple of years the consensus is growing that the life times of GMCs are likely a few free-fall times, or even less (Elmegreen 2000; Ballesteros-Paredes & Hartmann 2007; Murray 2010) and the focus has shifted towards the challenge of explaining the low star formation efficiencies in GMCs. The star formation efficiency per free fall time $\epsilon_{\rm ff}$ is defined as the ratio of free fall time $t_{\rm ff}$ to gas depletion time $M_{\rm H_2}/\dot{M}_*$. In other words:

$$\dot{M}_* = \frac{\epsilon_{\rm ff}}{t_{\rm ff}} M_{\rm H_2},\tag{1}$$

i.e. the instantaneous star formation rate (SFR) is proportional to the available amount of molecular hydrogen (H_2) via the proportionality factor $\epsilon_{\rm ff}/t_{\rm ff}$. The observed value $\epsilon_{\rm ff} \sim 0.01 - 0.02$ (e.g. Krumholz & Tan 2007) means that only 1-2% of the mass of a GMC is converted into stars over a free-fall time. If star formation is supported by supersonic turbulence (Krumholz & McKee 2005) $\epsilon_{\rm ff}$ is expected to be only very weakly dependent on the Mach number of the turbulent flow and thus approximatively constant, but this may be an oversimplification, see e.g. (Vázquez-Semadeni et al. 2005; Li & Nakamura 2006). On the other hand, if GMCs have life times of the order of a free fall time they do not need be supported by turbulence. The star formation efficiency in such clouds may increase as the Mach number in the flow decreases and the cloud collapses, see e.g. Bonnell et al. 2010. We note that a time varying $\epsilon_{\rm ff}$ should introduce additional scatter in the relation between star formation rate and H_2 surface density on small ($\lesssim 100$ pc) scales.

This scatter should propagate up to \sim kpc scales, see e.g. (Feldmann et al. 2010), and hence would contribute to the scatter in the Kennicutt-Schmidt relation. This, at least in principle, could be used to test observationally the time dependence of $\epsilon_{\rm ff}$.

In section 2 we will discuss two common misconceptions that could give rise to the impression that $\epsilon_{\rm ff}$ varies over the life times of GMCs even if it is a constant. In section 3 we present and analyze a toy model in order to exemplify and quantify our statements.

2. DO OBSERVATIONS CONFIRM A TIME-VARYING STAR FORMATION EFFICIENCY?

In equation (1) we define the star formation efficiency per free fall time $\epsilon_{\rm ff}$. Another commonly used efficiency is the star formation efficiency of the GMC $\epsilon_{\rm GMC}$, i.e. the fraction of H₂ mass of the cloud that is converted into stars over the life time of the cloud. In a picture where GMCs start with an initial reservoir of H₂, which is used in the subsequent star formation process, the final stellar mass $M_*({\rm final})$ is divided by the initial H₂ mass of the cloud. If the cloud accretes a substantial amount of H₂ over its life time, the definition has to be generalized. We will use:

$$\epsilon_{\rm GMC} = \frac{M_*(\text{final})}{\max(M_{\rm H_2})},$$
(2)

where $\max(M_{\rm H_2})$ is the maximal H₂ mass of the GMC. By definition $\epsilon_{\rm GMC}$ is a non evolving quantity and it can be estimated, e.g., by comparing luminosity distribution of OB associations in the Milky Way with the mass spectrum of molecular clouds (Williams & McKee 1997). It cannot be directly measured on a cloud-to-cloud basis, because M_* and $M_{\rm H_2}$ must be known at two different times. Instead such observations, see e.g. (Myers et al. 1986), estimate the following quantity

$$\eta_{\rm GMC}(t) = \frac{M_*(t)}{M_{\rm H_2}(t) + M_*(t)} \approx \frac{M_*(t)}{M_{\rm H_2}(t)}.$$
(3)

The latter, approximate equality is due to the fact that for most observed GMCs M_* is smaller than $M_{\rm H_2}$. Obviously, $\eta_{\rm GMC}(t)$ increases over the life time of a cloud and should not be confused with either $\epsilon_{\rm GMC}$ or $\epsilon_{\rm ff}$. From (1) we can estimate $M_*({\rm final}) = \xi \epsilon_{\rm ff}/t_{\rm ff} \max(M_{\rm H_2})t_{\rm final}$,

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hence $\epsilon_{\rm GMC} = \xi \epsilon_{\rm ff} t_{\rm final}/t_{\rm ff}$, where ξ is a constant fudge factor of order unity that depends on the actual time evolution of the SFRs and $M_{\rm H_2}$ (and $\epsilon_{\rm ff}$ if it is time dependent). We will estimate ξ for a simple toy model in section 3. Combining this result with equation (2) and (3) we obtain:

$$\eta_{\rm GMC}(t) \approx \xi \epsilon_{\rm ff} \left[\frac{t_{\rm final}}{t_{\rm ff}} \right] \left[\frac{M_*(t)}{M_*({\rm final})} \right] \left[\frac{{\rm max}(M_{\rm H_2})}{M_{\rm H_2}(t)} \right]. \quad (4)$$

There are several ways of creating large values of $\eta_{\rm GMC}$ and they correspond to the various terms in this equation. First, $\epsilon_{\rm ff}$ could be time dependent. For instance, it could smoothly increase as the cloud collapse advances or, alternatively, vary stochastically about some average value. A second possibility is that some clouds may live for many free fall times, i.e. $t_{\rm final}/t_{\rm ff}$ is large in a subset of GMCs. The third factor in the third bracket in equation (4) explain why $\eta_{\rm GMC}$ can also be smaller than $\epsilon_{\rm GMC}$. Finally, $\eta_{\rm GMC}$ can be boosted if the observed H_2 mass is significantly less than $\max(M_{H_2})$, i.e. if GMCs lose (in one way or another) a large fraction of their molecular hydrogen over their life time. The latter scenario predicts that $\eta_{\rm GMC}(t)$ should roughly scale $\propto M_{\rm H_2}^{-1}$ over the life time of individual GMCs. An observational sample of an ensemble of GMCs shows this trend (Murray 2010). However, this trend can also be produced by a selection effect based on stellar mass, e.g. selecting GMCs with $M_* > M_{*,limit}$ excludes values of $\eta_{\rm GMC}$ that are smaller than $M_{*,{\rm limit}}/M_{\rm H_2}$, see equation (3). In fact, Murray (2010) is selecting clouds based on ionizing luminosities, which roughly corresponds to selecting clouds based the stellar mass formed within the last 4 Myr. Such a selection effect explains why a different study of $\sim 10^5 M_{\odot}$ GMCs find much lower efficiencies Lada et al. (2010). The existence of the selection effect is not an argument against or in favor of an evolving $\epsilon_{\rm ff}$, rather it shows that the GMCs with large values of $\eta_{\rm GMC}$ in the sample of Murray (2010) are likely a heavily biased subset. In the case that $\epsilon_{\rm ff}$ is, in fact, a non evolving quantity and the measured large values of $\eta_{\rm GMC}$ are driven by changing molecular gas masses, we can make a rather generic prediction. The similarity of the scaling with GMC mass⁴ ($\propto M_{\rm H_2}^{-1}$) of $\eta_{\rm GMC}$, on the one hand, and the lower boundary of the region excluded by the discussed selection effect, on the other hand, implies that the observed GMCs with large values of $\eta_{\rm GMC}$ should have rather similar maximal H₂ masses $\max(M_{\rm H_2})$. The toy model that we discuss in section 3 predicts $\max(M_{\rm H_2}) \sim 10^6 - 10^7 M_{\odot}$. We note that this scenario explains rather naturally the absence of massive $(\gtrsim 10^6 M_{\odot})$ GMCs with high values of $\eta_{\rm GMC}$.

A different issue can arise if one compares star formation rates and H_2 masses in order to estimate $\epsilon_{\rm ff}/t_{\rm ff}$ via equation (1). For example, let us assume that we measure SFRs and H_2 masses within small ($\lesssim 100$ pc) apertures around peaks of CO emission (tracing the H_2 mass) and peaks of $H\alpha$ emission (tracing star formation rates),

see e.g. Schruba et al. (2010). If we observe that CO peaks have lower SFRs at given H₂ mass compared with peaks of $H\alpha$ emission, does this imply a time-varying $\epsilon_{\rm ff}/t_{\rm ff}$? The answer to that question depends on the way the SFRs are measured. SFRs that are derived from $H\alpha$ emission are effectively averaged over the past 5-10 Myr, which might well be a significant fraction of the life time of the molecular cloud. For SFRs that are based on $H\alpha+24\mu m$ emission this averaging time span would be even longer. The star formation efficiencies per free-fall time that are estimated from such a time averaged SFR will be small initially (no stars have been formed over most of the time averaging interval simply because the GMC has only formed recently). The measured SFRs will increase until the age of the GMC is similar to the averaging time span. In addition, the H₂ mass of the cloud might evolve (possibly decrease) leading to an additional increase in the apparent value of $\epsilon_{\rm ff}/t_{\rm ff}$ with time. If the following three conditions are satisfied, a difference in the measured SFR per measured H₂ mass can provide strong evidence for a time-varying star formation efficiency per free fall time. First, the averaging times of the SFRs need to be small compared to ages of the observed clouds. Second, the observable H₂ reservoirs need to be close to $\max(M_{\rm H_2})$, and, finally, the free fall times of the clouds need to be known. A recent study that measures SFRs with reasonably short averaging times (2) Myr, Lada et al. 2010) estimates star formation efficiencies per free fall time of the order of 2% for most clouds in the sample, with the scatter mostly driven by the mass of molecular gas of relatively low density $(n < 10^4 \text{ cm}^{-3})$ that does not participate in the star formation.

3. TOY MODEL

We will now discuss a toy model in order to both exemplify the points made in section 2, but also to provide a framework in which we can make some quantitative predictions. We should stress that the statements made in the previous section are completely generic and do not depend on the specific assumption that go into the model that we are going to present. Our model is almost insultingly simple, and, given that, our aim is not to reproduce the full complexity in the evolution of GMCs or even, to be consistent with any available observation. On the other hand the model offers a pragmatic approach to the mass evolution of GMCs and may be easily generalized to facilitate more complex scenarios.

The ansatz of the model is to supplement equation (1) with an equivalent equation that describes the evolution of the H_2 mass:

$$\dot{M}_{\rm H_2} = -\frac{\epsilon_{\rm ff}}{t_{\rm ff}} M_{\rm H_2} - \alpha M_* + \gamma \tag{5}$$

The extra term αM_* is motivated by assuming that stellar feedback is limiting the life time of molecular clouds, e.g. via photo-ionization, thermal pressure or radiation pressure (Williams & McKee 1997; Murray et al. 2010; Lopez et al. 2010). This feedback should therefore couple to the formed stellar mass via some efficiency factor α that sets the time scale for the destruction/removal of H₂ from the cloud⁵. The term γ is the net "accre-

 $^{^4}$ A linear regression of $\eta_{\rm GMC}$ vs. $M_{\rm H_2}$ for the data presented in Murray (2010) gives a slope of -0.59 ± 0.19 . This is consistent with the prediction of our toy model (slope ~-0.75 , see section 3) that takes into account that, in fact, not the total stellar mass has been measured, but only the stellar mass formed within the last ~ 4 Myr.

 $^{^5}$ Depending on the type of feedback M_\ast should refer to the total stellar mass times a weight parameter that takes into account that

tion" rate of H_2 , which includes all processes that create and destroy H_2 and are not directly coupled to either M_* or M_{H_2} . Both α and γ could in principle be time dependent. For simplicity we assume that they are constant. Our model is minimalistic (compared with, e.g., Matzner 2002; Tan et al. 2006; Huff & Stahler 2006; Krumholz et al. 2006), but it has the advantage that we can parametrize our ignorance of the relevant physical processes that destroy and disperse the cloud into the parameters α and γ . Together with appropriate initial conditions equations (1) and (5) fully determine the evolution of the masses of molecular hydrogen and the stellar component in a GMC.

We will also make the simplifying assumption that the free-fall time does not evolve strongly over the history of the GMC, i.e. both the star formation efficiency per free fall time and the star formation time scale are now fixed. This assumption is not crucial for the model, but we will use it for the following reasons. First, there is no clear systematic trend of free fall time with mass over the range of GMCs that we are comparing to, see e.g. Table 2 of Murray (2010). Second, assuming a non-evolving freefall time allows for a convenient analytical solution of the problem. Third, we find that even with this assumption our model describes the observed data reasonably well. We stress that our main aim is to show that a simple model can produce an observational signal that could be misinterpreted as evidence for evolution of the star formation efficiencies. We do not try to model the precise properties of the ensemble of GMCs in the Galaxy.

With $t_{\rm ff}$ fixed (and, of course, we assume that the star formation efficiency per free fall time is a constant, too) we can insert (1) into (5) and obtain a linear 2nd order differential equation for $M_{\rm H_2}$, i.e. the equation of a damped harmonic oscillator.

Solving the differential equation we obtain

$$M_{\rm H_2}(t) = Ae^{-tb/2}\cos(\omega t + \phi), \tag{6}$$

$$M_*(t) = \frac{M_{\rm H_2}}{\alpha} (\omega \tan(\omega t + \phi) - b/2) + \frac{\gamma}{\alpha}, \qquad (7)$$

where $b=\epsilon_{\rm ff}/t_{\rm ff}$ is the inverse of the star formation timescale, and $\omega=\sqrt{\alpha b-b^2/4}$ is the "oscillation" period.

Phase ϕ and amplitude A depend on the initial conditions. In the following we restrict ourselves to two special cases of the general model (6), (7).

- No accretion scenario: Assumes $\gamma = 0$, $M_{\rm H_2}(t=0) = M_0 > 0$, and $M_*(t=0) = 0$. It follows $\phi = \operatorname{atan}(b/(2\omega))$, and $A = M_0/\cos(\phi)$.
- Pure accretion scenario: Assumes that all H₂ is "accreted", i.e. $M_{\rm H_2}(t=0)=0$, $M_*(t=0)=0$ and $\gamma>0$. In this case phase and amplitude are given by $\phi=-\pi/2$, $A=\gamma/\omega$.

We adopt the parameters $\epsilon_{\rm ff}=0.02$ and $t_{\rm ff}=6$ Myr, which are consistent with observations of $\epsilon_{\rm ff}$ over a range of density scales (Krumholz & Tan 2007), and with the free fall times $6.1^{+6.8}_{-4.0}$ Myr measured in the sample of

feedback is provided by stars which have a limited life time. For simplicity we will assume that M_{\ast} is the total amount of stellar mass formed within the cloud.

Murray (2010), respectively. We note that only the ratio $\epsilon_{\rm ff}/t_{\rm ff}=0.0033~{\rm Myr^{-1}}$ enters our model. The α parameter is chosen such that the life time of the cloud, i.e. the time $t_{\rm final}$ at which $M_{\rm H_2}(t_{\rm final})=0$, is $\sim 20~{\rm Myr}$ (Williams & McKee 1997). Hence, we use $\alpha=2~{\rm Myr^{-1}}$ in the no accretion scenario and $\alpha=8~{\rm Myr^{-1}}$ in the pure accretion scenario, respectively.

Assuming $\epsilon_{\rm ff}/t_{\rm ff} \ll \alpha$ the life time of a GMC is given by

$$t_{\rm final} \approx \frac{\pi}{2\sqrt{\alpha \epsilon_{\rm ff}/t_{\rm ff}}}, \text{ and } t_{\rm final} \approx \frac{\pi}{\sqrt{\alpha \epsilon_{\rm ff}/t_{\rm ff}}}.$$

The left (right) expression refers to the no accretion (pure accretion) scenario. We note that in both considered scenarios the life time does not depend on the initial cloud mass or the accretion rate, respectively. The evolution of $M_{\rm H_2}$, M_* and $M_{*,<4\rm Myr}$ normalized to $\max(M_{\rm H_2})$ is shown in Fig. 1.

Assuming $\epsilon_{\rm ff}/t_{\rm ff} \ll \alpha$ we can easily estimate the total stellar mass that is formed during the life time of the cloud from equation (7). In the no accretion scenario we obtain

$$M_*(t_{\rm final}) \approx M_0 \sqrt{\frac{\epsilon_{\rm ff}/t_{\rm ff}}{\alpha}} \left[1 - t_{\rm final} \frac{\epsilon_{\rm ff}}{2t_{\rm ff}} \right] \approx M_0 \sqrt{\frac{\epsilon_{\rm ff}/t_{\rm ff}}{\alpha}},$$

while the pure accretion scenario predicts

$$M_*(t_{\rm final}) \approx \frac{2\gamma}{\alpha} \left[1 - t_{\rm final} \frac{\epsilon_{\rm ff}}{2t_{\rm ff}} \right] \approx \frac{2\gamma}{\alpha}.$$

In the pure accretion scenario a GMC attains its maximum mass at $t \approx t_{\rm final}/2$. The H₂ mass is then approximatively $\gamma/\sqrt{\alpha\epsilon_{\rm ff}/t_{\rm ff}}$. Combining these results we see that the star formation efficiency of a GMC is

$$\epsilon_{\rm GMC} \approx \sqrt{\frac{\epsilon_{\rm ff}/t_{\rm ff}}{\alpha}}$$
, and $\epsilon_{\rm GMC} \approx 2\sqrt{\frac{\epsilon_{\rm ff}/t_{\rm ff}}{\alpha}}$.

Again, the left (right) expression refers to the no accretion (pure accretion) scenario. Written in terms of the life time of the GMC both expression are identical, namely $\epsilon_{\rm GMC}/t_{\rm final} \approx (2/\pi) \, \epsilon_{\rm ff}/t_{\rm ff}$, i.e. $\xi = 2/\pi$ (section 2).

In Fig. 2 we show the predictions for $\eta_{\rm GMC}$ and $\eta_{\rm ff}$ of the two scenarios of our model, together with $\epsilon_{\rm ff}$ and $\epsilon_{\rm GMC}$, and the observational data from Murray (2010). To be consistent with observations only the stellar mass that formed within the last 4 Myr is included in the definition $\eta_{\rm GMC}$, see (3), and $\eta_{\rm ff}$ is estimated as $\eta_{\rm ff} = \eta_{\rm GMC} \, t_{\rm ff}/4 \, {\rm Myr}$. Our model reproduces the trends of $\eta_{\rm GMC}$ and $\eta_{\rm ff}$ with GMC mass, suggesting that these are maybe not solely due to selection effects. In both scenarios $\eta_{\rm GMC}$ and $\eta_{\rm ff}$ roughly scale as $M_{\rm H_2}^{-0.75}$ over the mass range $10^4 M_{\odot}$ - $10^6 M_{\odot}$.

With the chosen parameters our model predicts that $\eta_{\rm GMC}$ is only significantly larger than $\epsilon_{\rm GMC}$ for the last ~ 1 Myr in the life of a GMC, this includes most of the GMCs with masses less than $\sim 10^6 M_{\odot}$ in the sample of Murray (2010). We note that the precise time does depend on the assumed life time of the cloud. Clouds with shorter life times spend *more* time in a state in which $\eta_{\rm GMC} > \epsilon_{\rm GMC}$.

Our model exemplifies that it is difficult to prove the existence of a time-varying star formation efficiency

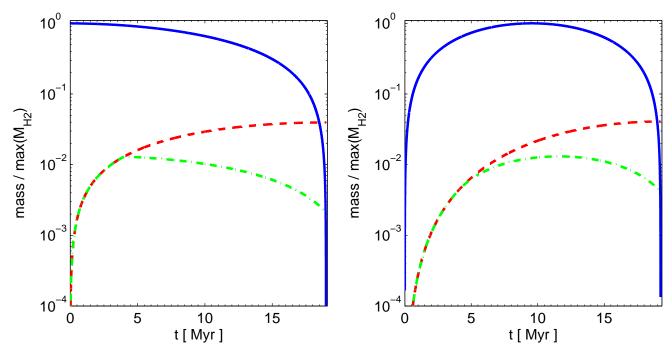


Fig. 1.— The evolution of the masses of the GMC components (normalized to the maximum H_2 mass of the GMC) according to the two scenarios: no accretion (left) and pure accretion (right). We assume $\epsilon_{\rm ff}/t_{\rm ff} = 0.0033\,{\rm Myr}^{-1}$ and $\alpha = 2\,{\rm Myr}^{-1}$ ($\alpha = 8\,{\rm Myr}^{-1}$) in the no accretion (pure accretion) scenario. The different lines correspond to the H_2 mass (solid blue line), total stellar mass (dashed red line), stellar mass formed within 4 Myr (dot-dashed green line).

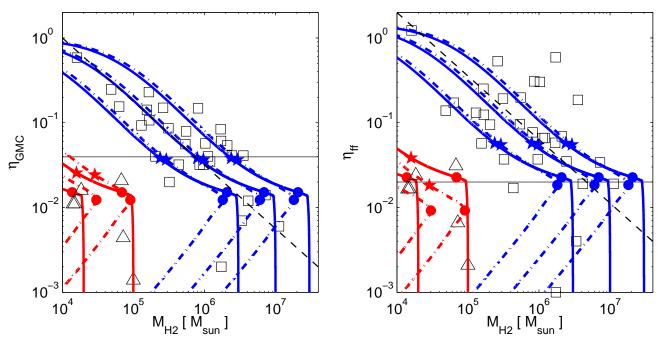


FIG. 2.— Estimators of the star formation efficiencies as function of molecular mass of the GMC. The quantity $\eta_{\rm GMC}$ ($\eta_{\rm ff}$) is shown in the left (right) panel. The observational data presented by Murray (2010) and Lada et al. (2010) are indicated with empty squares and triangles, respectively. Overplotted are solid (dot-dashed) lines that refer to the predictions of the toy model in the no accretion (pure accretion) scenario. The 6 solid and dot-dashed blue lines at the top use $\epsilon_{\rm ff}/t_{\rm ff}=0.0033\,{\rm Myr^{-1}}$, $\alpha=2\,{\rm Myr^{-1}}$ ($\alpha=8\,{\rm Myr^{-1}}$) in the no accretion (pure accretion) scenario and should be compared to the squares. Note that for consistency only the stellar mass formed within the last 4 Myr is considered in the computation of $\eta_{\rm GMC}$ and $\eta_{\rm ff}$. Red lines (near the bottom left of each panel) use free fall times that are a factor 2 smaller (since these are intrinsically smaller clouds), α that are a factor 2 larger (to keep the same $\epsilon_{\rm GMC}$) and the stellar mass that formed within the past 2 Myr (the masses are derived from counting young stellar objects). These lines should be compared to the triangles. Filled circles and filled stars indicate when the age of the modeled GMC is half its total life time or when the cloud is 1 Myr away from the end of its life, respectively. The diagonal dashed line indicates a slope of -0.75, which is approximatively the slope predicted by our toy model. The observed data is consistent with this slope. A linear regression of $\eta_{\rm GMC}$ and $\eta_{\rm ff}$ as function of GMC mass using all clouds with masses > $10^4\,M_\odot$ returns slopes of -0.59 \pm 0.19 and -0.49 \pm 0.32, respectively, at the 95% confidence limit. Each panel also contains a horizontal line that denotes the value of the star formation efficiencies $\epsilon_{\rm ff}=0.02$ and $\epsilon_{\rm GMC}=0.04$, respectively.

based on observational quantities such as $\eta_{\rm GMC}$ or $\eta_{\rm ff}$. This is not to say that such a time-dependence does not exist, we merely conclude that current observational evidence for its existence is insufficient.

We thank A. Kravtsov, M. Krumholz and N. Murray for helpful comments.

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